

USEFUL CONTACT NUMBERS AND WEBSITES

Route -Planning Apps: TFL (London journeys on the underground) <https://tfl.gov.uk/maps/tfl-go> You can also plan a step-free journey.

Buses around the UK: <https://www.buschecker.com/?app=UK>

Buses in London: <https://bustimes.londonbusapp.com/search/>

Google Maps for walking

Rail journeys in the UK

https://www.nationalrail.co.uk/times_fares/84874.aspx

Websites

<https://tfl.gov.uk/plan-a-journey/>

<https://www.nationalrail.co.uk/> journey planner

<https://www.traveline.info/> For buses. Lookout for the Traveline symbol at bus stops **0871 200 22 33**

Staying Safe on Trains:

British Transport Police – text **61016** if you see something suspicious or want to report an incident. This also is for the Tube

Contact 0800 40 50 40 but if it's an emergency and you are in danger contact 999

If you are hard of hearing, deaf or speech impaired, have you got the **Relay UK** app? Tap 999 on the App or on a textphone 18000.

Rail - Latest times and station accessibility:

<https://www.nationalrail.co.uk/>

https://www.nationalrail.co.uk/stations_destinations/default.aspx

https://www.nationalrail.co.uk/stations_destinations/passenger-assist.aspx

https://www.nationalrail.co.uk/stations_destinations/passenger_assistance.aspx

Tube status

<https://tfl.gov.uk/tube-dlr-overground/status/>

Bus travel:

If you need to contact British Transport Police whilst on the bus or tram call **101** – but again if it's a real emergency & you're in danger 999.

Other Support

Transport for All - Campaigning charity for disabled passengers <https://www.transportforall.org.uk/>

Bus Users - Charity making bus transport accessible to all. Work with bus operators to do so. You can make a complaint to them if you feel your bus company isn't resolving an issue.

<https://bususers.org/passengers/your-rights/>

Brighton & Hove Metrobus <https://virtualbus360.co.uk/>

Stop Hate is a national charity working to challenge hate crime <https://www.stophateuk.org/> **They have a 24 hr helpline 0800 138 1625 or text 07717 989025**