Our Impact Report
2022 - 2023
As Chair of Sunnybank for 9 years I will be retiring at the March 2024 AGM. It has been a wonderful experience.

Thanks to Dorothy our CEO and all the staff, volunteers and partners who have made it so rewarding and enjoyable.

Finally, I wish my successor Andrew White and everyone connected to Sunnybank the best of futures. Thank to our funders without whom it would not be possible for us to make such a meaningful contribution to the lives of so many.

Tom Sheriff
We are indebted to our volunteers, staff and funders for all they do to support us.

We also thank all our partners who take the lead in everything we do.

On behalf of the Charity our sincere thanks to Tom Sheriff as Chair for his 9 years of support and commitment.

Dorothy Watson

We were thrilled to win the CARE Award for our advocacy service and the London International Animation Festival Best Documentary Award for our training film for GPs produced in partnership with Surrey Heartlands and Strange Beast Animation Co.

We are proud of what has been achieved this year and the difference it has made.
We support adults with a learning disability to have confidence, opportunities and control over their own lives and live without prejudice or discrimination.
What we have achieved

Better futures
Stronger voices
Breaking down barriers

Better mental and physical well being
Community connections
An increase in skills
Improved self-confidence
Friendships
Independence and employability
Our consultants with a lived experience of a learning disability continue to forge new connections and support for organisations and businesses.

Working with our partners the CCG Surrey Heartlands and the animation company Strange Beasts developed a short training film. This supported local GPs to make adjustments for people with a learning disability. We were thrilled to be awarded Best Animation Documentary at the London International Animation Festival.

“The response from practitioners has been great!”

Surrey Heartlands Research Officer
“We want to be listened to. We don’t want to be let down and have bad experiences as it can have a big impact on our emotional wellbeing. People rushing me and using long words can be a real problem and makes me feel overwhelmed. People can say the wrong things assuming you have a problem rather than a disability. **Some people don’t take the time to understand.**”

Grace Herman
Understand Us Consultant

“The team of experts took great care and attention to focus on many details, including what they liked and didn’t like about the building, space and exhibition. Importantly they told us what should be changed, taken away or included to make a positive experience that is both meaningful and enjoyable for people with learning disabilities.”

Victoria Shearing
RHS Wisley
Steered by our partners we ran 311 clubs and activities. Clubs include Coffee & Chat, Friday Night Pub Quiz, Drama, Book Clubs and our Allotment Group. Our Swag Disco continues to grow with an average of 43 partners each month. We launched the Sunny Afternoon Club for our older partners with over 27 partners joining us each week and celebrated the summer with a party of craft and music.
This year our drama group were proud to perform their own immersive show 'Alice in Wonderland' to an audience of over 100. With music and a lot of tea party madness, everyone enjoyed themselves.

The group also enjoyed the annual theatre trip to see 'Noises Off' at the Yvonne Arnaud.

'We all found the show absolutely hilarious!'

Jovi from the drama group
Total: 1813 Issues
Futures

With the support of our Futures scheme, 18 young adults worked towards their own pre set goals through a series of team projects and one to one mentoring.

Congratulations to each of them as they have achieved:

NEW SKILLS, GREATER CONFIDENCE, EMPLOYABILITY, INDEPENDENCE, COMMUNITY RESILIENCE.

Driving group Running your own business
Supper Club Learning to be more independent
Project and teamwork Weekly cricket

"This is the first time my son has had the chance and support to make his own friends!"

Talks and tours

Advocating for over 150 issues each month
Futures delivered 230 person centred sessions and workshops over the course of the year.

These enabled our partners in Futures to become:

- More confident
- More independent
- More safe aware
- Better skilled for future work and voluntary opportunities

“This is the first time my son has had the chance and support to make his own friends!”

-Parent of Futures partner
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Weekly cricket

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Talks and tours

19 Futures have partnered with many community groups as well as the Job Centre, Queen Elizabeth Foundation, High Ashurst and Friends Against Scams. With NHS Surrey and Borders Partnership we piloted one of the first Sex and Relationships courses in Surrey for people with a learning disability. The Futures team were also proud to represent the charity at the first National 'Disability Expo 23'.
Our radio show broadcasted three times a week to over 130 listeners per show. These radio sessions were led and guided by our own partners. The shows reached out across North East Surrey and wider connecting with over 50 organisations and community groups.

With the support of Surrey Hills Community Radio 10 partners who had been involved in the production of the shows have gone on to broadcast their own weekly shows.
Our listeners say they feel:

- Happier
- Less Isolated
- More informed about important issues

“The radio presenting supported by Jon has been a real life changer for him. He would be simply lost without it now.”

-Mum of one of the radio production team.

Our special thanks to Surrey Hills Community Radio and Woking Radio for all of their support
We are pleased to be an active member of our community and together with our partners and volunteers continue to promote the skills, voice and abilities of people with a learning disability.

We have worked and collaborated with over 50 organisations and community groups and have valued over 2000 voluntary hours given to us by our team of dedicated volunteers.
227 partners have used the Sunnybank services
Valerie’s Story

Valerie needed to go to hospital for a knee operation.

Her Sunnybank advocate made sure the hospital made reasonable adjustments including a quiet room.

Her advocate also helped her with her hospital passport so it was up to date and would inform the hospital staff of her needs and wishes.

When she was discharged and her hospital home health care package ended, her advocate supported Valerie to make sure her needs were being met at a social care needs assessment.

Valerie now has extra hours with her care package to help her recover from the operation and to do all the things she finds difficult.

To protect the identity of the partners in each case story we have used different names and images.
David was struggling at home as he didn’t have enough help with his day to day needs including cooking, shopping, and cleaning.

With the support of his Sunnybank advocate David met with the adult social worker and presented the evidence and reasons for the problems he faced.

As a result David’s care hours have been doubled. He now has the support he requires for all his needs including house hold tasks and cooking.
Guy’s Story

Guy lives on his own and finds it difficult to make friends.

He is interested in being outside in nature and the exercise it gives him when gardening.

Having heard about our Allotment group he came along on the bus on his own to try it out.

A year on he still comes to the group and feels so much happier.

Being able to show his gardening knowledge makes him feel proud of himself as he has learnt new skills such as planting and growing, cooking new recipes using the produce from the allotment and healthy eating.
Sheila can sometimes find certain situations difficult.

She likes to have time away from her residential home and enjoys coming to the Sunny Afternoon Club and meeting new people.

She finds the Club a calm and relaxing environment and enjoys the craft activities as well as the pop-up sensory room.

She is very proud of everything she makes and always takes them home to put up in her room.

“Thanks to the Sunny Afternoon Club, Thursday is the best day of the week!” Sheila’s mum
What We Raised Together

Income 2022-2023

Restricted Funds: 55%
Grants: 36%
Club Income: 2%
Other: 2%
Donations: 5%

Total Income: £194,863

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Restricted Funds
Grants
Club Income
Other
Donations
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Our thanks to the following

AtkinsRealis
Baroness Sheila Hollins
Beyond Words
Bill and Anne Brown
Caroline Andrews
Cedar Club Cobham
Chris Snell
Ciara Lawrence
Citizens Advice Epsom and Ewell
Cllr Bernie Muir
Cllr Eber Kington
Cllr John Beckett
Cllr Mark Nuti
Community Cricket
Community Foundation
Surrey
Cornish and Grey
Derek Eade
Disability Expo
Emma Reeve
Epsom Parochial Charities
Epsom Sports Club
Surrey Outdoor Learning Development
Ewell Parochial Trust

Epsom Tennis Club
Epsom and Ewell Borough Council
Equilibre Partnership
Fingo Marketing Ltd
Jacky Oliver
Knuckle TV
Lloyds Bank Foundation
Luke Jennings
Lyncole Consultancy
Michael Barthrop
Morden Islamic Community Centre
NatWest (Epsom)
NHS England
Probus Ewell
Push Start Marketing
Queen Elizabeth Foundation
Royal Automobile Club
Woodcote
Reach Volunteering UK
Richard Lea (photography)
Rosebery Housing
Rotary Club of Ewell
SABP CTPLD
Squirrels Community Recycling

St Pauls Church Howell Hill
St Barnabas Church
Strange Beasts
Surrey Heartlands
Surrey Hills Community Radio
TJS Independent Advocacy Consultancy and External Supervision
Tadworth Athletic Club
The Best of Epsom
The Catenian Association
The CornerHOUSE
Community Arts Centre
The Food Bank
The Mercers Company
The National Lottery Community Fund
The Rolfe Trust
Tom Rhind Tutt MBE
Tom Sheriff
What’s On In My Town
Woking Radio.
... and all of our partners, donors, volunteers and staff

Reg Charity No: 1143663
Company No: 7759018
Website: www.sunnybanktrust.org
Address: The Old Town Hall, The Parade, Epsom, Surrey, KT18 5AG
Phone No: 01372 732376
Email: info@sunnybanktrust.org