



Coronavirus

Tier 3 - Very High

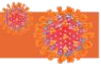
Alert Risk

Medium



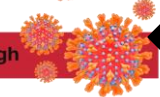
Alert Risk

High



Alert Risk

Very high



People in England need to follow coronavirus rules for where they live. Local areas are now in tiers.

This is what you can do in **Tier 3 – Very High**

What can I do?

Meeting other people:

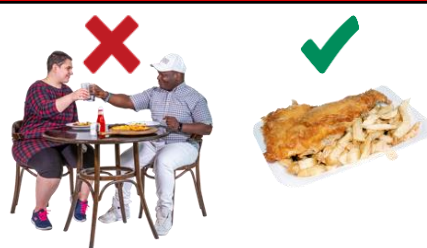


Meet with six people outdoors in public places.

You can spend time with your household and support bubble at home.

You cannot meet people in other indoor places or private gardens.

Bars, pubs and restaurants



Bars and pubs must close.

Take away and deliveries are allowed.

Work



You should work from home if you can.

You can talk to your employer about work.



Coronavirus

Tier 3 - Very High

Travel



Try to stay home if you can.

You should not travel except for work or study.

Try to walk, cycle or drive when you can.

Staying somewhere else



You should avoid over night stays other than for work or study.

Hotels and campsites must close.

Shopping



All shops can open.

Shops must follow the coronavirus safety rules (covid secure). The rules are: **wash your hands, cover your face if you can, keep some space between people.**



Coronavirus

Tier 3 - Very High

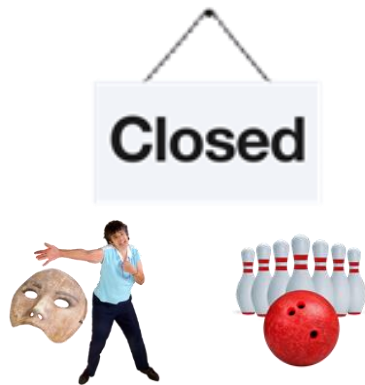
Personal care



You can visit the hairdressers, barbers, nail parlour and beauticians.

Staff should clean more and cover their face.

Indoor Entertainment



Indoor entertainment must close. This includes:

- Cinema and theatre
- Arcades and casinos
- Bowling alleys
- Concerts
- Bingo Halls

Outdoor Entertainment



Outdoor entertainment must close. This includes:

- Zoos and aquariums
- Visitor attractions
- Theme parks



You cannot go to live sport events. You may be able to watch sport events on the TV.



Coronavirus

Tier 3 - Very High

Exercise



You can exercise outdoors.

You can exercise indoors but people from different households should not mix.

People with disabilities and children can exercise in larger groups indoors.

Weddings and funerals



15 people can go to a wedding ceremony, but no wedding receptions are allowed

30 people can go to a funeral.

Places of worship



You can visit a place of worship with your household or support bubble.

You should not meet with people you do not live with.



Remember to wash your hands, cover your face if you can and keep some space between people you do not live with (social distancing).